

Insects for Dinner

Would you eat crickets for dinner? It might not sound good to you, but around two billion people worldwide eat insects! Eating insects is called entomophagy and there are many good reasons to do it.

First off, insects are really good for you! They are packed with protein. By weight, crickets and termites have more protein than beef.

Second, raising insects cost less and is better for the earth than raising cows and other livestock. Insects take up much less space and need much less food and water than cows. Also, you can eat more parts of an insect than other animals. Insects also reach their adult size quickly. It does not take much time to raise insects to eat.

Third, insects taste good! Many types of insects taste a little nutty. Some kinds of bugs taste like bacon, while others may taste like fish, or even fruit. Some insects, such as meal worms, don't have much of a taste at all. They pick up the flavors of whatever they are cooked with. So, what are you waiting for? Why not try a beetle today?

◆ IT: vocabulary, author's purpose, evaluation

Name _____ Date _____

TEXT
TIME 7

Show What You Know

1. What is entomophagy?

2. Give three reasons why raising insects is better than raising livestock.

1) _____

2) _____

3) _____

3. What is the author's purpose?

a) to persuade b) to inform c) to entertain

Give evidence from the text to support your answer:

4. Would you try eating insects? _____

Why or why not? _____
